



Part Two - Exploring The Evidence for Christ

I Corinthians 15:3-19

Claim #1 - Jesus Was Alive At Point A

Claim #2 - Jesus Was Dead At Point B

- Jesus was tied to a post and beaten dozens of times with whips that had jagged bones and balls of lead woven into them. Dr. Alexander Metherell said a witness described Roman floggings like this: “The sufferer’s veins were laid bare, and the very muscles and tendons and bowels of the victim were open to exposure.”
- Jesus was in hypovolemic shock—or shock from a great loss of blood—and in critical condition after the beating.
- Then spikes were driven through his wrists and feet. Crucifixion is an agonizingly slow death by asphyxiation, because the stress on the chest locks the lungs into the inhaled position. To exhale, the victim has to push up to lessen the stress. He would push up and sag down until exhaustion took over, and he would die from the effects of not being able to breathe. Then a soldier plunged a spear between Jesus’ ribs, puncturing his lungs and heart, and the expert Roman executioners confirmed that he was dead.

Claim #3 - Jesus Was Alive Again At Point C

There are two strands of evidence that establish that Jesus came back to life:

1. That *his tomb was empty*
2. And, that *he appeared to people*.

BELIEVE + RECEIVE = BECOME